



Kingston & District Netball League  
[www.kdnl.co.uk](http://www.kdnl.co.uk)



#### **WHAT IS THE GUIDANCE REGARDING SANITISATION IN STEP 4?**

To minimise the risk of transmission, sanitisation protocols should still be implemented and the following should remain in place:

- Netballs should continue to be sanitised. During matches, this should be done at every break/quarter time and within training sessions and participation programmes, this should as a minimum be at the start and end of every session.
- Care should be taken when sharing bibs to minimise the risk of droplet transmission. Where possible sharing of bibs should be minimised and bibs should be washed after each use. Single sets of bibs being used by multiple teams over multiple games during matches/tournaments should be avoided.
- Anyone arriving at any netball activity should sanitise their hands. During matches, we recommend sanitising hands at every break or quarter time and within training activities, it should be encouraged during any drinks or water breaks.
- Any equipment used within a training session such as spots, cones and ladders should be sanitised after use.
- Posts should be sanitised after each match

#### **TEST TRACE AND ISOLATION**

Government guidance states that if you have been fully vaccinated or are U18 you will be exempt from being required to self-isolate if you are a contact of a positive case. You will instead be advised to take a PCR test as soon as possible.

Anyone who is identified as a close contact of someone who tests positive should do a COVID-19 test on the day of any netball activity and can only attend if this test is negative. Those who are not fully vaccinated should continue to self-isolate and not attend any netball activity if they are a close contact of someone testing positive.

Registers should be maintained at all netball activities, so that COVID-19 Officers can advise on close contacts of positive cases; netball organisations are encouraged to advise anyone attending netball activity to use the **NHS Test and Trace QR code** displayed within the venue or the one provided by England Netball on ENgage.

Please ensure all coaches, spectators are checked in.

For further guidance from England Netball on Covid-19 please visit their support pages on the website <https://www.englandnetball.co.uk/about/covid-19-support/>.